QUOTES EDITION The Year of

The Year of
Living Creatively



When Change Happens – A Guidebook to Hope, Joy, Adventure & Abundance

Nicolette Lemmon

Excerpt from:

The Year of Living Creatively

When Change Happens – A Guidebook to HOPE, JOY, ADVENTURE & ABUNDANCE

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Creativity is always a leap of faith. You're faced with a blank page, blank easel, or an empty stage.

Mystery is at the heart of creativity.

That, and surprise.

Julia Cameron, author^{1,4}

What the caterpillar calls the end of the world,

the rest of the world calls a butterfly."

Richard Bach²



Leverage your time more by spending a little more time every day imagining and a lot less time every day doing. Do a little more imagining and a little less doing. Until eventually most of what's happening is happening in the cool, calm, anticipatory state. Just imagine yourself into the successes, and watch what happens. Imagine a little more and act a little less.

---Abraham (entity channeled by Esther Hicks**, www.abraham-hicks.com) Excerpted from: Dallas, TX on January 24, 1998



HOPE: January/February March

We all want hope – hope that we'll achieve our dreams, hope that we will live a longer life, hope to travel....

January: Oreams

In dreams, we enter a world that's entirely our own.

Steven Kloves³

In a dream you are never eighty.

Anne Sexton⁴

Dreams are today's answers to tomorrow's questions. Edgar Cayce⁴

A dream which is not interpreted is like a letter which is not read.

The Talmud⁵

Dreaming is an act of pure imagination, attesting in all men a creative power, which if it were available in waking, would make every man a Dante or Shakespeare.

H.F. Hedge⁶

February: Songs

Music is the strongest form of magic.

Marilyn Manson⁴

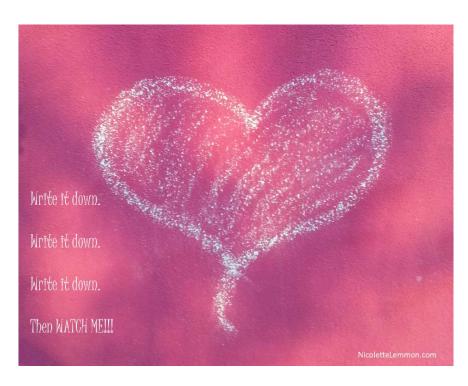
Music is the wine that fills the cup of silence. Robert $Fripp^7$

Music is the language of the spirit. It opens the secret of life bringing peace, abolishing strife.

Kahlil Gibran⁸

Music in the soul can be heard by the universe. Lao Tzu⁹

Music is the divine way to tell beautiful, poetic things to the heart. Pablo Casals⁴



March: Coincidences

Coincidence is God's way of remaining anonymous.

Albert Einstein⁴

Coincidences mean you're on the right path.

Simon Van Booy¹⁰

There is no such thing as chance; and what seems to us mere accident springs from the deepest source of destiny.

Friedrich Schiller⁴

Coincidence is the word we use when we can't see the levers and pulleys. Emma Bull⁴

There are no mistakes, no coincidences. All events are blessings given to us to learn from.

Elisabeth Kubler-Ross¹¹



JOY: April May/June

We all prefer to feel joy – joy rather than pain, joy rather than depression, joy rather than bland resignation...



April: Speck Theory

Don't sweat the small stuff...and it's all small stuff. Richard Carlson¹²

Maybe it will be a daisy, a white butterfly, a snowflake which transforms your life.

Marty Rubin¹³

There are no rules of architecture for a castle in the clouds.

Gilbert K. Chesterton⁴

One sees great things from the valley; only small things from the peak. Gilbert K. Chesterton⁴



May: Animal Freedom

Animals are such agreeable friends—they ask no questions, they pass no criticisms.

George Eliot⁴

Some people talk to animals. Not many listen though. That's the problem. $A.A.\ Milne^{14}$

An animal's eyes have the power to speak a great language.

Martin Buber⁴

Until one has loved an animal, a part of one's soul remains unawakened.

Anatole France⁴

You think those dogs will not be in heaven! I tell you they will be there long before any of us. Robert Louis Stevenson⁴



June: Aging Gracefully

You don't stop laughing when you grow old, you grow old when you stop laughing.

George Bernard Shaw¹⁵

It's not how old you are, it's how you are old.

Jules Renard⁴

Grow old with me! The best is yet to be.

Robert Browning⁴

The older I get, the less I know. It's wonderful--it makes the world so spacious.

Swami Chetanananda¹⁶

You are never too old to set another goal or to dream a new dream.

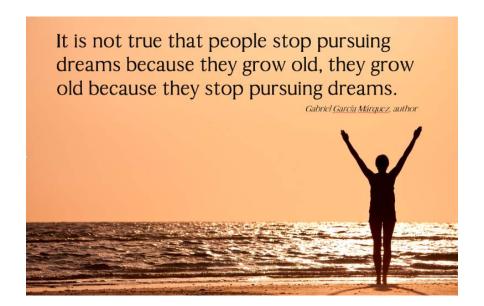
Les Brown¹⁷

In the end, it's not the years in your life that count, it's the life in your years.

Unknown¹⁸

It is not true that people stop pursuing dreams because they grow old, they grow old because they stop pursuing dreams.

Gabriel Garc'a Márquez, author⁴



ADVENTURE: July/August/September

We all like to imagine adventure – adventure of writing a book, adventure of having kids, adventure of finding the right partner, adventure of visiting faraway places...

July: Banish the Doubt

Every man can transform the world from one of monotony and drabness to one of excitement and adventure!

Irving Wallace4

Change your life today. Don't gamble on the future, act now, without delav.

Simone de Beauvoir⁴

The biggest adventure you can take is to live the life of your dreams. Oprah Winfrey⁴

Just when I think I have learned the way to live, life changes. Hugh Prather⁴

Instead of trying to make your life perfect, give yourself the freedom to make it an adventure, and go ever upward.

Drew Houston4

August: NEXT!

Laughter is timeless. Imagination has not age and dreams are forever. $Unknown^{19}$

Act the way you WANT to feel.

Gretchen Rubin²⁰

When one door closes, another opens; but we often look so long and so regretfully upon the closed door that we do not see the one which has opened for us.

Alexander Graham Bell⁴

Don't cry because it's over, smile because it happened.

Dr Seuss⁴



September: Connections

We cannot live only for ourselves. A thousand fibers connect us with our fellow men; and among those fibers, as sympathetic threads, our actions run as causes, and they come back to us as effects.

Herman Melville²¹

Invisible threads are the strongest ties.

Friedrich Nietzsche²²

Our ancient experience confirms at every point that everything is linked together, everything is inseparable.

Dalai Lama XIV²³

No man is an island. John Donne4



ABUNDANCE: October/November/December

October: In the Valley

We all want abundance – an abundance of money, an abundance of love, abundance of good luck, an abundance of talent...

When you get to the peak, remember the valley exists Ernest Agyemang Yeboah²⁴

Beneath every mountain lies a valley and beyond every problem lies a solution. Unknown

When you are in the valley, keep your goal firmly in view and you will get the renewed energy to continue the climb. Denis Waitley⁴

Over every mountain there is a path, although it may not be seen from the valley. Theodore Roethke⁴



November: Best Thoughts

Change your thoughts and you can change your world.

Norman Vincent Peale⁴

What's the point of being alive if you don't at least try to do something remarkable.

John Green²⁵

There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.

Albert Einstein²⁶

Positive thinking will let you do everything better than negative thinking will.

Zig Ziglar⁴

Write it on your heart that every day is the best day in the year.

Ralph Waldo Emerson⁴



December: Being Aware

Wake up every morning with the thought that something wonderful is about to happen.

Unknown

If you realized how powerful your thoughts are, you would never think a negative thought.

Peace Pilgrim⁴

All action results from thought, so it is thoughts that matter. Sai Baba⁴

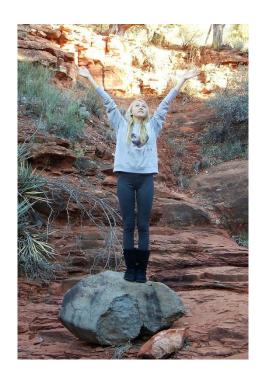
If you change the way you look at things, the things you look at change. Wayne $Dyer^4$

Miracles come in moments. Be ready and willing. Wayne $Dyer^4$



NOTE: The verification of quotes was done on the Internet:

- 1 https://www.goodreads.com/author/quotes/13229.Julia Cameron
- 2 <u>www.wiseoldsayings.com/butterflies-quotes</u>
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- 25 <u>www.goodreads.com/quotes/142604-what-is-the-point-of-being-alive-if-you-don-t</u>
- 26 <u>www.goodreads.com/quotes/987-there-are-only-two-ways-to-live-your-life-one</u>



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